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NEWS
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SHARING.

'So many people loved her'

Loretta Saunders' parents speak: It's been a difficult road for them, and more tough days lie ahead

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But all my friends get to have debt...

And other excuses for poor money management that just won't work anymore

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'It's a respect issue'

Debate over dog park in Africville stirs anger in Halifax's black community

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BREAKING BAD WITHDRAWAL? YOU'D BETTER CALL SAUL

WILL A SPINOFF PREQUEL STARRING BOB ODENKIRK GIVE FANS THEIR FIX?

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THE THRILL AND AGONY OF IT ALL

Germany's players celebrate after winning in extra time at the World Cup final soccer match between Germany and Argentina at the Maracana Stadium in Rio de Janeiro Sunday. Germany won 1-0 to capture the biggest prize in the soccer world. Coverage, PG 3, 17.

HASSAN AMMAR/THE ASSOCIATED PRESS

All lights are back on: NSP

Storm Arthur.

Frustration over power outages built steadily over the last week



RUTH
DAVENPORT

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A week after post-tropical storm Arthur knocked out power to nearly 100,000 Nova Scotia Power customers, the power company says the lights are back on.

The power corporation tweeted late Saturday night that "All customers affected by the storm have now had their power restored."

Arthur barreled into the Maritimes on July 5, causing widespread damage and power outages — and frustration over the outages built steadily as the week went on.

NSP CEO Bob Hanf apologized in the middle of the week for communication errors that resulted in customers being told their power had been re-

stored when it hadn't been.

Power has now been restored for all but a handful of customers who first need work done on their service entrance by an electrician.

"It would be individual circumstances. So people whose ... service entrance to their home would have sustained damage as a result of the storm," said NSP spokesperson Stacey Pineau, adding the company has been in touch with the customers in question.

Premier Stephen McNeil announced Friday the provincial regulator would review the power company's response to Arthur, calling the delays "inexcusable."

NSP said in a release that it "welcomed" the review.

With most of the hurricane season still to come, Pineau said Sunday the company is already looking for ways to improve.

"We'll certainly ... be taking a good look at our response, and we always implement any lessons that we've learned on an ongoing basis, whenever we have any sort of storm event," she said.

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Cape Breton

Cabot Trail shut down after bus crash

RCMP closed a section of the Cabot Trail on Sunday after a bus carrying 20 passengers crashed on a Cape Breton highway.

The Mounties said emergency crews airlifted one person from the scene with serious injuries after a tour bus lost control and tipped onto its side into a ditch shortly before 2:30 p.m.

Another nine people suffered what are described as moderate injuries.

The single-vehicle crash occurred about three kilometres south of Neil's Harbour.

Police said they have not yet confirmed what caused the bus driver to lose control.

Public traffic was not being allowed onto the Cabot Trail for several hours.

THE CANADIAN PRESS

Spryfield

Man threatened with knife: Police

A 32-year-old man is facing charges after an argument in a Spryfield apartment building led to threats with a knife.

Police were called to Spencer Avenue Sunday after a 50-year-old man reported he got into an altercation with someone he knew, who eventually brandished a knife at him. He wasn't hurt.

A 32-year-old man is now facing charges of uttering threats and assault with a weapon. He's been released from custody and will appear in Halifax provincial court at a later date. **METRO**



Soccer fans at Bubba Ray's in Halifax celebrate Germany's 1-0 extra time win over Argentina in the World Cup final Sunday. KRISTEN LIPSCOMBE/METRO

Halifax soccer fans cheer, laugh and cry

Glued to the TV screen. Local bars packed for World Cup final

KRISTEN LIPSCOMBE
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The longer the game went on, the louder it got Sunday at Bubba Ray's Sports Bar in Halifax.

When Mario Götze finally kicked it into the far corner to give Germany a 1-0 extra time win over Argentina in the 113 minute, cheers of "Deutsch-

land!" and "Olé!" had drowned out televisions throughout the room, all airing the 2014 FIFA World Cup final live from Maracanã Stadium in Rio de Janeiro, Brazil.

"It's something else," Kirsten Baumberg, who moved from Bochum, Germany about 25 years ago, said of seeing her home country win the World Cup in a tournament that included a crowd-stunning 7-1 semifinal victory over the host country.

"Now, for the first time really, I wish I was in Germany, so I could go nuts!" she said, a black, red and gold striped flag wrapped around her shoulders.

In numbers

600

Bubba Ray's supervisor Brian MacAulay said 600 soccer fans filtered through the doors Sunday.

"But I've got to drive."

Husband Andy Gorham of Ottawa, said she is turning him into a fan of her favourite sport.

"I'm new to this soccer thing," he said with a laugh. "No sticks, I don't understand."

But Baumberg pointed out that "hockey is so expensive."

"You need all that gear that a lot of people can't afford," she said. "What do you need to play soccer? A ball."

Not everyone had to drive home from the bar on Sunday though — like Baumberg did — and the party was on.

"It's one team, one family," 20-year-old Michael Bernthal-er said, raising his foamy beer in the air to clink mugs with his Bavarian buddies, including 19-year-old Julian Spengler and 20-year-old Alexander Pont.

Argentina supporters dressed in blue and white congratulated their competitors and hugged each other for a job well done.



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1 NEWS

Dog park debate stirs up anger in black community



Dogs run through Africville Park, a national historic site, in the north end of Halifax on Saturday. ANDREW VAUGHAN/THE CANADIAN PRESS

Africville Park.

Council vows to follow through with plans to close off-leash dog park — eventually

Halifax's refusal to close an off-leash dog park in Africville immediately has stirred up indignation among some members of the black community who say the decision reflects the city's continuing struggles to make amends with African-Nova Scotians.

This spring, the Africville Heritage Trust petitioned the city to decommission Africville Park as an area for locals to walk their dogs off-leash. The city council agreed last month to shut down the off-leash dog park, but not until another off-leash dog area can be found nearby.

"They don't seem to get it," said Irvine Carvery, who was relocated along with his relatives from Africville when he was 13, a move that split up his extended family.

"You have to understand the history of Africville. There's a history of promises made to the community, but never kept."

April Howe, chairwoman of the Africville Heritage Trust, said there is a disconnect between how the public space is used now and its intended purpose. "It just does not jibe that a national historic site is also a site for dogs to be able to relieve themselves," Howe said.

But her group's request incensed some local dog owners, who said it would deprive them

Quoted



"We still have a lot of work to do in working around issues

of racism and about looking at how we support diversity and inclusion." Coun. Jennifer Watts, who represents the area.

of a unique space in the city where their pets can play and socialize in a safe environment.

Coun. Barry Dalrymple questioned what the harm would be in waiting until an alternative site can be found.

"We're going to put out hundreds and hundreds and hundreds of dog owners," Dalrymple said.

"Doing it within months jumps the queue for all kinds of other sports fields, recreation projects and everything else in all other areas of the city."

Howe said the Africville Heritage Trust had hoped the off-leash dog park would be decommissioned in time for the annual Africville reunion, scheduled for this Friday.

"It's a respect issue," she said. "(But) we realize that it's a process."

Carvery said he would have preferred to see a firm deadline for the closure of the off-leash dog park. The City of Halifax will host a public meeting July 23 to discuss establishing an alternative off-leash dog site.

THE CANADIAN PRESS

Timeline

Africville: A history

• **1848:** The first black settlers buy land in Africville, establishing the community as a home for African-Nova Scotians.

• **1849:** Residents build Africville's first church. Seaview United Baptist Church serves as the community's spiritual and cultural centre.

• **1866:** The term "Africville" is used for the first

time on a land deed. The area was earlier referred to as "Campbell Town" and the "Black Settlement."

• **1850s-1950s:** A city prison, an infectious disease hospital, a slaughterhouse and a city dump are built in the surrounding area.

• **1948:** Halifax approves funds to connect Africville to water and sewer services, but these are never installed. This, along with years of neglect, leads the city to formally label the community a slum.

• **1964-70:** Halifax evicts the residents of Africville in the name of urban renewal, relocating some of them using city dump trucks. Africville is demolished and Seaview Park is built in its place.

• **1983:** The Africville Genealogy Society is formed and soon afterwards begins looking for redress from the city for the destruction of the Africville community.

• **June 5, 1996:** Heritage Canada designates Afric-

ville a national historic site, recognizing the location as a tribute to the African-Canadian community and a symbol of the country's struggle against racism.

• **Feb. 24, 2010:** The City of Halifax offers a formal apology to the residents and descendants of Africville.

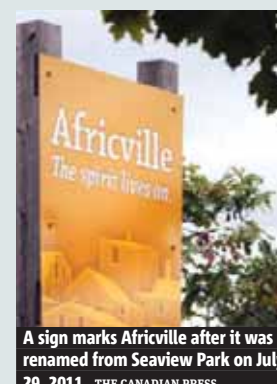
• The settlement includes a hectare of land on the former community site to rebuild the community church and \$3 million toward the building's

reconstruction.

• A replica of the original church is opened the following year.

• **2014:** The Africville Heritage Trust approaches the City of Halifax about decommissioning the off-leash dog park in Africville Park. "It's an issue of respect," says chairwoman April Howe.

• **June 24, 2014:** Halifax City Council votes to decommission the dog park, but not until a suitable replacement is found.



A sign marks Africville after it was renamed from Seaview Park on July 29, 2011. THE CANADIAN PRESS

Fact. Haligonians return all sorts of lost stuff, including \$13K in cash

What would you do if you found \$13,000 in cash on the side of the road?

For one good samaritan in Halifax, the answer was obvious.

A man who had lost just that much money was reunited with the cash out of a stranger's goodwill.

While driving his truck along Herring Cove Road on Thursday on his way to buy a tractor, a man realized his bag with \$13,000 in cash had fallen out on the road. That same day, someone returned the bag to the Spryfield Community Office.

The most surprising part of this story is that it doesn't seem to be surprising at all.

It seems as though people in Halifax are especially honest.

Halifax Regional Police say



A man's \$13,000 in cash, like this, was found on a city street. METRO FILE

there have been 38 reports of citizens turning valuables over to police since January. The returned items have included everything from over \$2,000 in cash to passports, but the incident Thursday may have been the biggest one of all.

BRAEDON CLARK/FOR METRO

Truro. Woman witnesses vicious attack on cat

Police in a Nova Scotia town are urging people to be extra cautious about the safety of their pets after a cat was viciously attacked and killed early Saturday morning.

Around 3:20 a.m. police were called to the Fairview Drive area of Truro after a resident witnessed an act of cruelty.

"A woman said that when she got home a grey and white cat was on her step and she gave it some food," said Truro Police Service Sgt. Stephen van Herk. "She later heard a car pull into the driveway and a man calling the cat toward him."

Beware

The man is described as between 20 and 30 years. He and was driving a newer model Mazda, which was dark blue or black.

When the cat went the man he grabbed it by the hind legs, lifted it over his head and swung it down into the ground.

The women who witnessed the attack told police that the man appeared to be trying to call another cat when he drove down the road. **TRURO DAILY NEWS**



HRM community arts facilitator Kate MacLennan christens the Halifax Art Boat on the waterfront Saturday. KRISTEN LIPSCOMBE/METRO

All aboard the Halifax Art Boat

An art 'venue.' Floater project brings colour, creativity, community to waterfront

KRISTEN LIPSCOMBE

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Little kids coloured on the boardwalk, big kids posed in costumes for a photo shoot and artists of all ages cheered

as champagne sprayed over the Halifax Art Boat to signify its official launch Saturday afternoon.

City arts facilitator Kate MacLennan performed the christening honours in front of a curious audience that gathered on the pier just outside of the Maritime Museum of the Atlantic, with some helping lower the multicoloured barge into Halifax Harbour waters for its first time.

The Halifax Art Boat Project started about seven months

ago, MacLennan explained, and will continue to expand and grow with community input.

"Today we're finally testing our building skills, seeing it go into the water," she said of the boat, constructed from scratch and painted lovingly by volunteers.

"This will be an arts venue," MacLennan added. "Maybe it will be something as simple as a residency or hanging artwork in the boat, maybe it will be someone repainting the

outside of the boat ... maybe they'll light it up at night, maybe they'll create a play that happens in and around the boat.

"Bringing people together into a space where they can do art ... it's brilliant," agreed 23-year-old community member Fiona Ward.

The HRM Community Art Program, the Maritime Museum of the Atlantic and the Waterfront Development Corporation have funded the unique collaborative initiative.

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Cumberland County

Woman killed in ATV crash

A 53-year-old Fort Lawrence woman is dead following an ATV crash.

Cumberland County RCMP say the victim was driving an ATV Friday through a field on Lawrence Road in Fort Lawrence around 7:30 p.m., when she lost control, causing the vehicle to flip and land on top of her. The woman died at the scene. **METRO**

Clayton Park

Armed teen suspect demands money and pizza from delivery man

A pizza delivery went all wrong during the early morning hours Saturday in Clayton Park.

Halifax Regional Police say four male youths approached a driver who was getting out of his car at about 2 a.m. to make a delivery on Tangmere

Crescent.

One male suspect, who is described as white and between 16 and 18 years old, had a knife and demanded the driver hand over his money and pizza.

He then jumped into the delivery vehicle and took off, without taking anything else, police say.

Police then found the car abandoned at Glenforest Drive and Willett Street. The victim wasn't hurt in the incident, and only the car was taken.

METRO

Springfield, Annapolis

Man seriously injured after car drives into ditch

An 18-year-old Halifax man is recovering in hospital with serious injuries after losing control of his car and driving into a ditch in the middle of the night.

Middleton Mounties responded to the one-vehicle collision on the 900 block of Highway 10

in Springfield, Annapolis Co. at about 12:15 a.m. Saturday.

The young man was travelling south on the highway when the crash occurred.

The RCMP say he was extracted from his Hyundai sedan by fire departments from New Germany and Springfield, and transported to South Shore Regional Hospital.

He was then airlifted to Queen Elizabeth II Health Sciences Centre in Halifax. **METRO**

Man fined nearly \$700

Woman hit by car at crosswalk

A 24-year-old woman suffered non-life threatening injuries after she was hit by a truck on Friday morning.

The woman was at a marked crosswalk at the intersection of Tower Road and Inglis Street when she was hit by a pickup truck driven by a 63-year-old man. The man was issued a ticket for nearly \$700.

METRO

'Nothing will ever bring her back'

Preliminary inquiry starts July 21. Loretta Saunders' parents share the family's grief

Turned her life around

"She said she always wanted to be a police officer or a detective. I told her it might not be a good idea, as she might see things she wouldn't want to see."

Clayton Saunders, father of Loretta Saunders

It's been a hard road for Loretta Saunders' family and it will only get harder when the preliminary inquiry for the two people charged with her murder takes place in Halifax starting on July 21.

"My wife (Miriam, Loretta's mother) has to testify, as well as my son and daughter, at the preliminary hearing," Clayton Saunders, Loretta's father, said in an interview.

Loretta, a 26-year old Inuk woman from Happy Valley-Goose Bay, went missing in mid-February of this year.

The Saint Mary's University student was researching missing and murdered aboriginal women for a thesis, and was to graduate this past spring. She planned to apply to law school and was three months pregnant.

Halifax police say Loretta was killed Feb. 13, the day she was last seen at a Halifax apartment she was subletting to the

two people charged with her murder — Blake Leggette, 25, and Victoria Henneberry, 28.

Clayton and Miriam praised Loretta for having turned her life around after a number of years of drinking and drug use.

"She got into a lot of bad stuff when she left home at first," Clayton recalled.

"She did her high school upgrading in Hopedale, completing in just eight months what usually takes three years," Miriam added with a smile.

Two scholarships have been established in Loretta's name: one was set up by Cheryl Maloney, president of the Nova Scotia Native Women's Association, and Darryl Leroux, assistant professor at Saint Mary's University, to raise money for indigenous women attending university in Atlantic Canada; the other has been established by Saint Mary's University itself.

Clayton said ever since that nightmare day in February, his family has received — and continues to receive — messages and calls of support from all over.

"My wife tells me she gets lots of messages on the computer, especially from young people, who say they are inspired by Loretta," said Clayton.

While the case winds itself through the court, Clayton said should the accused eventually be found guilty, the only sentence he wants to see imposed is life in prison with no possibility of parole.

"Loretta was such a kind-hearted little girl," he said quietly. "She had so many friends in Halifax, Hopedale and Happy Valley-Goose Bay. So many people loved her."

"But nothing will ever bring her back."

ST. JOHN'S TELEGRAM



The death of Loretta Saunders, pictured in this Facebook photo, has been felt by many people in Halifax. **FACEBOOK**



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External body to review special-care home

Lower Sackville. No charges to be laid in man's death at facility

An independent body will review the practices of a special-care home in Lower Sackville where a resident died in May following an altercation in a hallway.

Community Services Minister Joanne Bernard told a news conference Friday the province and the Quest Regional Rehabilitation Centre will find an independent agency to conduct a so-called best-practices review.

Earlier in the day, police announced they will not be laying charges following an investigation into the death at Quest, which houses adults with intellectual disabilities and other complex needs.

The RCMP said the 28-year-old man who pushed Gordon Longphee to the floor on May 11 will not be charged because he was not able to form intent.

Police said 56-year-old Longphee, who died in hospital on May 17, had pre-existing conditions that played a role in his death, which was deemed a homicide.

Bernard said an internal

Quoted

"The institution needs to be held accountable for the lack of supervision that allows these instances to happen."

Brenda Hardiman, chairwoman of Advocating Parents of Nova Scotia

investigation under the Protection for Persons in Care Act found Longphee and another resident were in a hallway with staff members when there was "physical contact" and "one pushed the

other."

The minister said proper safety protocols were being followed at the time.

"This was a tragic accident and without intent to harm and therefore no directives will be issued related to the incident," she said.

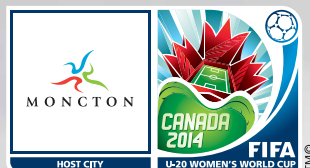
Bernard went on to suggest that aggressive behaviour can be expected when adults with intellectual disabilities who have complex needs are housed together.

"Each individual has extremely complex and unique health and behavioural conditions and can pose a risk to themselves or others," she said. "The potential for



Quest Regional Rehabilitation Centre in Lower Sackville. JEFF HARPER/METRO

aggressive behaviours is always possible, no matter how many safety protocols are in place." **THE CANADIAN PRESS**



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Lac-Megantic. Quebec to add \$60 million in aid

Quebec is granting an additional \$60 million to compensate victims of last year's catastrophic train derailment in Lac-Megantic, which left 47 people dead.

Municipal Affairs Minister Pierre Moreau told a news conference that \$37 million of the compensation would go to the owners of businesses in the disaster area.

A large swath of Lac-Megantic's downtown was destroyed when a runaway train loaded with volatile fuel oil jumped the tracks and exploded.

The government says it heard the complaints of those affected by the disaster in the town of 6,000 and wanted

to bring some balance to the treatment of their cases.

Business owners had complained they weren't getting help fast enough.

Moreau says there will be meetings this week with 37 business owners and that the compensation is available now.

There will be incentives offered to owners who want to rebuild their businesses in Lac-Megantic.

Moreau says if they wish to leave the area, they will be compensated for their sites based on fair market value. To this day, much of the damaged downtown remains off-limits as decontamination work continues. **THE CANADIAN PRESS**



This July 6, 2013 file photo shows smoke rising from railway cars carrying crude oil after derailing in downtown Lac-Megantic, Que. **THE ASSOCIATED PRESS**

Colorado

Lightning kills two in separate incidents at park

Rocky Mountain National Park spokeswoman Kyle Patterson says officials there were notified Saturday of four people being struck by lightning near Trail Ridge Road in the Colorado park site.

The four were rushed to hospital, but 52-year-old Gregory Cardwell died of his injuries.

On Friday, lightning killed one woman and injured seven other people. That separate event also occurred near Trail Ridge.

THE ASSOCIATED PRESS

Italy

Costa Concordia to be towed from Tuscan island

Franco Gabrielli, who heads the Civil Protection Department overseeing the Costa Concordia's removal, told reporters on Giglio Island on Sunday that weather conditions are good enough to permit the start of operations to re-float and tow the Concordia to Genoa on the mainland for scrapping.

He also promised that a search will be conducted for the only unrecovered body of the 32 Costa Concordia shipwreck victims.

THE ASSOCIATED PRESS



A man looks out the window of his apartment, damaged by shelling, in Sloviansk, eastern Ukraine, on Sunday.

EVGENIY MALOLETKA/THE ASSOCIATED PRESS

Casualties rise over weekend as Ukraine continues onslaught

Under siege. Military uses airstrikes, artillery fire to battle pro-Russia insurgency in the east

Quoted



"We were bombed so terribly ... They blew up our houses."

Refugee Svetlana Panteleyeva, one of 150 people forced to move into the dormitories of Donetsk University early Sunday morning after their homes in Maryinka were bombed

agency against the Kyiv government.

Ukrainian officials denied that any Ukrainian shells had fallen on Russian territory. Andriy Lysenko, a spokesman for Ukraine's National Security and Defence Council, placed blame for the attack on the rebels themselves.

Ukraine's Donetsk, where rebels have gathered to regroup after a major Ukrainian offensive last week, was quiet on Sunday.

But some 150 people from the settlement of Maryinka, on the outskirts of the city, were moving into dormitories at a local university after their homes were bombed during the night.

Artillery fire in Maryinka late on Friday left at least four people dead, but the number of casualties in the latest bombing was unclear.

Ukrainian defence officials said Sunday that the air force had performed 16 sorties and carried out five airstrikes on rebel positions over Saturday.

Interfax-Ukraine cited Lysenko on Sunday as saying that several dozen rebels had been killed and rocket launchers and armoured vehicles destroyed in the attacks. He also said that seven servicemen had been killed and 30 wounded in the past day.

Following the loss of at least 19 soldiers in a rocket attack by the pro-Russian militia Friday morning, Ukrainian officials have claimed to have killed large numbers of rebel combatants, although there has been no independent verification.

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Military targets. Most Palestinian casualties in recent days civilians: UN

The target was the Gaza police chief. He survived the Israeli airstrike on a cousin's home with critical injuries, but 18 family members were killed, including five children and teens.

The weekend attack highlighted Israel's broad definition of military targets in its current offensive against the Islamic militant group Hamas. The army says those targets include senior Hamas activists and their homes, even as it insists it is doing the utmost to spare bystanders by

Civilian casualties

133

Civilians make up 133 of the 168 Palestinians killed and nearly half of the more than 1,100 wounded.

warning them to clear out.

However, the UN Office for Humanitarian Affairs said Sunday that civilians made up the majority of Palestinian casualties over the past six days.

THE ASSOCIATED PRESS

Germany

Protester allowed to use megaphone

German police allowed an anti-Israel protester to shout slogans including "child murderer Israel" through a police megaphone, a spokeswoman for Frankfurt's police said Sunday. THE ASSOCIATED PRESS

France

Protesters try to get into synagogue

Pro-Palestinian protesters tried to force their way into a Paris synagogue Sunday with bats and chairs, then fought with security officers, according to police and a witness.

THE ASSOCIATED PRESS

No sign of ceasefire, six days into Israeli offensive



An Israeli armoured personnel carrier drives along the Israel and Gaza border Sunday. TSAFRIR ABAYOV/THE ASSOCIATED PRESS

Gaza Strip conflict.

Thousands flee homes amid bombings as Israel prepares possible ground invasion

Thousands of Palestinian residents of the northern Gaza Strip fled their homes on Sunday and sought safety in UN shelters, heeding warnings from the Israeli military about impending plans to bomb the area in the sixth day of an offensive against Hamas that has killed more than 160 people.

The fighting showed no signs of slowing, despite international calls for a ceasefire and growing concerns about the mounting civilian death toll in Gaza. U.S. Secretary of State John Kerry spoke to Israeli Prime Minister Benjamin Netanyahu and voiced "readiness" to help restore calm, while Egypt, a key

Harper weighs in

Terrorists are deliberately placing people in the path of an Israeli offensive aimed at stopping rocket attacks from Gaza, attests Prime Minister Stephen Harper.

- Harper says there is evidence that Hamas is using human shields.

THE CANADIAN PRESS

mediator between Israel and Hamas, continued to work behind the scenes.

Amid the diplomacy, Israel said it was pushing forward with preparations for a possible ground invasion of Gaza. Thousands of troops have massed along the border in recent days.

"We don't know when the operation will end," Netanyahu told his cabinet on Sunday. "It might take a long time."

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Can BlackBerry rise from the ashes?



HOW TO ROLL
Alison Griffiths
metronews.ca

Is the BlackBerry phoenix rising from the ashes — or perhaps is the recent show of share-price strength merely a puff of smoke from a dying fire? The five-year high of \$12.01 on July 5 gave investors renewed hope that there may be life left in Canada's once-favourite tech stock.

Just to recap (while rubbing salt in the wounds of those who bought BlackBerry in the pre-recession years and still own it), the cellphone maker was trading at \$148 in mid-2008. Five years later, it had slid to just over six bucks.

If you look at a short-term chart, it has been a jolly though volatile ride to a nearly 50 per cent increase in the past year. BlackBerry is also outperforming Goo-

Future on hold

3.8%

BlackBerry had 43 per cent of the U.S. cellphone market in 2010. Today's market share: 3.8 per cent.

gle, Samsung and the Nasdaq itself in the first half of 2014. Bully for those who took the chance last summer.

But back to the smouldering ruins of this formerly great company. Is there any real reason to buy now or, for that matter, to hold? The latter is a particularly important question for investors who have made a nice gain in the last few months.

If there is hope for BlackBerry, it likely lies in one place: software.

Wait a minute! BlackBerry's claim to fame has always been hardware; it's the phone that U.S. President Barack Obama loves.

But all of BlackBerry's post-recession failures have been in hardware. From last year's delayed Z10 phone to the PlayBook tablet all the way back to the Bold phone — which the iPhone quickly stomped into oblivion — it has been hardware that keeps tripping up BlackBerry.

Though the new, very square (literally) BlackBerry Passport smartphone is launching in September, CEO John Chen is racing to dominate the Internet of Things with software that will seamlessly connect your entire life to the Internet. He has made a number of moves in that direction since taking over the helm last November.

Aside from anything else, if Chen is even marginally successful and manages to staunch BlackBerry's cash bleed, he will turn the company from a short seller's delight into a takeover target.



Smartphone to replace the bank teller?

A smartphone user checks a bank account with an online banking app from CIBC, in this 2011 file photo. Smartphones are set to be the next big thing in consumer banking, holding the promise of everything from fewer trips to the local bank branch or ATM to the convenience of tap-and-go payments at retail outlets. But a number of hurdles still need to be overcome. Many expect there will be an even bigger jump in usage if the banks, merchants and telecom companies can figure out a better way for customers to make purchases with their smartphones by tapping a retail terminal at the counter. **THE CANADIAN PRESS**

Never rat on your friends?

CRA's offshore tax snitch hotline a hit

The Canada Revenue Agency has 80 new leads on taxpayers who may be hiding money offshore after getting hundreds of calls on its new snitch line.

The flush of information has even the agency's harshest critics acknowledging the initial success of the hotline, established Jan. 15 to help ferret out billions of dollars stashed overseas.

The so-called OTIP line — for Offshore Tax Informant Program — was

promised in the March 2013 budget but took 10 months to set up.

As of May 31, more than 800 people rang the number, drawn by a cash reward system that gives the tipster up to 15 per cent of the amount that the agency eventually collects in taxes. **THE CANADIAN PRESS**

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FAILURES TO COMMUNICATE

What we have here, suggests Nova Scotia Power President and CEO Bob Hanf, is a failure to communicate. Nothing more. Lack of manpower? Don't worry. Storm-unhardened infrastructure? Be happy.

Despite close to a week to prepare for Hurricane Arthur, that whooshed into a post-tropical shell of itself by the time it made landfall last weekend, NSP's communications infrastructure was indeed so woefully inadequate its online outage maps crashed, its phone answering system cracked, and the answers its operators did give customers were about as reliable as NSP's electric service.

Once everyone has their power back, says Hanf, NSP's pointy heads will review their own communications goof-ups ... again. NSP's lousy customer communication has been an issue in every major outage since well before Juan.

But NSP doesn't plan to review its decision to lay off staff and



URBAN COMPASS
Stephen Kimber
halifax@metronews.ca

contract out much of the critical storm-hardening infrastructure work once done by its own linemen. No need, says Hanf.

Salty fog, anyone? If Hanf really wants to restore confidence, he would appoint an independent third party to publicly audit its infrastructure and actual storm readiness.

If NSP's infrastructure and maintenance were better, perhaps there would be fewer failures to communicate about.

Speaking of disconnects, that recent Be-Bold newspaper ad signed by 300 of Halifax's finest, crapping over Heritage Trust and anyone who would question the all-knowing wisdom of local developers, has inadvertently revived discussion about whether our under-construction downtown convention centre actually makes economic sense.

For a whole host of reasons, the North American convention

It started in the olden times ...

NSP's lousy customer communication has been an issue in every major outage since well before Juan.

business is struggling — even before we add our own shiny new, publicly financed \$400-million bauble into the mix.

How badly? Well, consider this from a recent letter sent by the L.A. Convention and Visitors Bureau to the organizer of a potential 2016 national conference.

The bureau's letter offered to reduce the standard \$269,918 space rental rate for its four-day convention by \$268,918. Not that the convention space would actually end up costing the group even \$1,000.

The Bureau also offered to throw in a \$25,000 "marketing incentive," meaning the group would actually pocket \$24,000 to stage its convention in L.A.

That's what our new convention centre will be competing against. Good luck with that. And good luck to taxpayers, too.

WE ACT: CANADA DOES GOOD

'Lots of littles make a big' for volunteer

Each month, we profile a Canadian who's up to a whole lot of good. Here's one we'd like you to meet:

Who: Michelle Gabrielle, dedicated volunteer

Where: Halifax, N.S.

What: Every month, Gabrielle chooses a charity, asks for their wish list and then passes the list around to her family, friends and co-workers. In this year alone, she has collected donations for Out of the Cold, an orphanage in the Dominican Republic, My Best Friend's Closet, Hand in Hand, Phoenix House and Family SOS. She also finds time to volunteer at the St. George's Soup Kitchen on a weekly basis and donated clothing and toys this past holiday season. She even gave away the boots off her feet.

Why did you start volunteering? "My mom would knit mitts if she had the extra yarn — which wasn't very often — for our equally poor neighbours. She taught me to remember what we came from, and I hope that I never lose that."

What do you like about volunteering at the soup kitchen? "I get first-hand access to helping people, which



Volunteer Michelle Gabrielle has a special talent for making wishes come true. CONTRIBUTED

Persistence

"I could do this forever. I don't want to be the person that *used* to do nice things."

Michelle Gabrielle, Halifax-area do-gooder, on what keeps her going

is wicked because they tell me what they need. They'll say, 'I need boots or shoes, I need a raincoat or I need a place to live.' It's a first-hand connection."

What inspires you to keep going? "I could do this forever. I don't want to be the person that *used* to do nice

things — I want to be the person who's going to go out and do them no matter what life brings."

What advice would you give to people who want to follow your example? "If you keep it simple, it'll grow. Lots of littles make a big."

CRAIG AND MARC KIELBURGER

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In this issue, you can find AR enhancements on page 12 in Scene and page 17 in Sports.

MetroTube

Plants have 'feelings' too



ANDREW FIFIELD
andrew.fifield@metronews.ca

From the We Guess Nothing Likes To Be Eaten file, researchers at the University of Missouri have determined that some plants can hear when animals are munching on them and will go on the defensive.

The team has released a video report on how they came to figure out the defensive techniques of flora, so you, too, can get intimate with the terrifying sound of a hungry caterpillar.

(MU News Bureau/Vimeo)



SCREENGRAB



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Ebooks


Atlas Shrugged in an Amplified Edition

By Ayn Rand

iPad

.....



MIND THE APP
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Beautifully presented, this enhanced study guide edition of Rand's industrial thriller expands on its underlying philosophy with notes, quotations, videos, interviews, a biography, and a timeline. It's helpful in understanding the book's theories on capitalism and altruism, but neglects to explore its colourful characters and captivating battles. Whether you buy into Rand's beliefs or not, it's still an entertaining novel.

Apes franchise

Monkey business boosts box office

Dawn of the Planet of the Apes thumped its chest with a \$73 million opening weekend. According to studio estimates Sunday, Fox's Planet of the Apes sequel rode excellent reviews and high anticipation to become one of the summer's best debuts. It easily surpassed the \$54.8 million opening to 2011's Rise of the Planet of the Apes, the reboot of the 1970s chimp franchise. The big opening helped give the summer box office a shot in the arm, but it wasn't enough to stop an overall downward trend. The weekend's box office was down nearly 24 per cent from the corresponding weekend last year. **THE CANADIAN PRESS**



Dawn of the Planet of the Apes.
CONTRIBUTED

Better Call Saul shows Breaking Bad world before Walter White

Spinoff prequel. Bob Odenkirk plays slippery lawyer Saul Goodman

Vince Gilligan is feeling the weight of expectations. How do you follow a monster hit like Breaking Bad?

The spinoff show Better Call Saul is a prequel to the Emmy-Award winning series and stars Bob Odenkirk, who plays everyone's favourite greasy lawyer Saul Goodman. Asked whether revisiting the same world he created posed new challenges, Gilligan acknowledged it was daunting.

"It's always daunting," he said, adding that it would also be a challenge if it were a completely new show and a whole new universe.

"The chips will fall where they may," he said. "But anything worth doing is worth taking the risk of abject humiliating failure over."

Gilligan was speaking at a television critics conference in Los Angeles to promote the upcoming fall season.

Gilligan said he wanted to do a prequel because he was still intrigued by the slippery Saul character. He said other beloved characters, such as meth distributor Gus Fring (played by Giancarlo Esposito) could be back as well.

"We're figuring out just how, if and when to perhaps see some of these characters," says Gilligan.

Meanwhile, the prequel will be set in 2002, before Saul meets Walter White, who is played by Bryan Cranston.

"We never completely

On revisiting same world

"Anything worth doing is worth taking the risk of abject humiliating failure over."

Writer Vince Gilligan



Bob Odenkirk as Saul Goodman in Better Call Saul. CONTRIBUTED



Better Call Saul exec producer/writer Vince Gilligan. FREDERICK M. BROWN/GETTY IMAGES

AUGMENTED REALITY

→ What can fans expect from Better Call Saul? Scan this photo with your Metro News app to hear what Vince Gilligan has to say.



→ See the full instructions on Metro's Voices page.

nailed down when Breaking Bad took place," says Gilligan. "We tried hard on Breaking Bad if you noticed, not to be too specific as to when it was, but now we have to kind of be a little more specific than sometimes we're comfortable with. But I think we're about in the year 2002."

Michael McKean (This is Spinal Tap) joins the cast along with Michael Mando (Orphan Black) and Jonathan Banks from Breaking Bad as the fixer Mike Ehrmantraut.

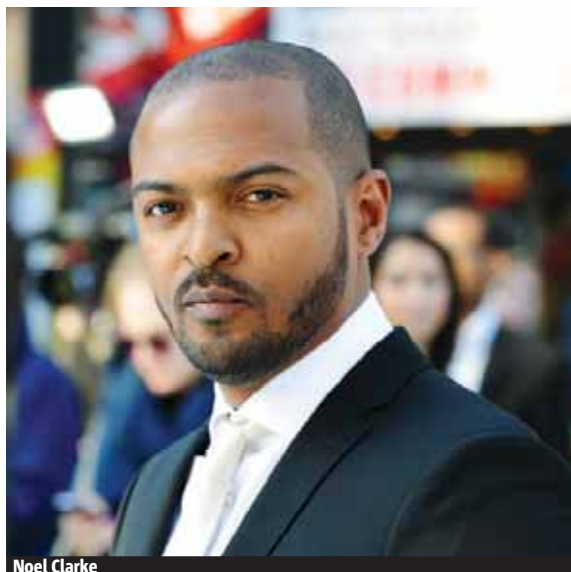
Like Breaking Bad, the show is shot in Albuquerque, N.M. The first episode was directed by Gilligan.

TORSTAR NEWS SERVICE

Coming in 2015

The show was originally slotted for November, but has now been delayed until 2015 for the 10-episode first season.

- The reason? Gilligan told television critics he is "slow-as-mud as a TV writer. I always have been."
- Thankfully, AMC and Sony allowed Gilligan to write Better Call Saul at a "stately" pace.
- "We want to think everything through and I think that pays dividends," says Gilligan.



Noel Clarke

Noel Clarke shoots for the stars

Former Doctor Who co-star Noel Clarke has his sights set on the Star Wars franchise next, and personally he likes his odds of landing a role, according to the Belfast Telegraph. "I know that they've got three main films happening over the next five or six years, and they have one spinoff film in between each one, so

I've got five chances to get in one — that's all I'm concerned about," says Clarke, who worked with new Star Wars director J.J. Abrams on Star Trek Into Darkness previously. "I want to be in one at some point, and so if I can do that, I'll be happy. I'll be a granddad by that time, but if I can get in one, I'll be chuffed."

Orange fans seeing red over satire site's faux report

Don't worry, Orange is the New Black fans: Your favourite show about women in prison hasn't actually been cancelled. A site that's apparently supposed to specialize in satire called Empire News posted a story over the weekend that Netflix had cancelled the Emmy-nominated series, which is currently filming its third season. Naturally, fans online freaked out, because that's what going online is

for. I guess everyone was supposed to know it was a hoax because of this patently ridiculous quote at the end of the article attributed to Netflix CEO Reed Hastings: "A woman's place is in the home, in the kitchen, taking care of children. A woman in jail? How does anyone watch this show in the first place?" That's ... just not good, even as satire. Hey, Empire News? You're doing it wrong.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Katie Holmes is a lover of literature



STARGAZING
Malene Arpe
scene@metronews.ca

Nick Cannon may be playing Richard Pryor in an upcoming biopic. That's an excellent choice. It will make a great double-bill with Ryan Seacrest's expected gritty turn as Lenny Bruce.

BBC publishes a public plea for people not to share the contents and secrets of five Doctor Who scripts leaked to the web. That was the well-considered thing to do, because without that plea I wouldn't have known to go look for those scripts.

Katie Holmes says that the favourite books of her childhood were J.D. Salinger's Franny and Zooey and The Catcher in the Rye and Somerset Maugham's Of

Human Bondage as well as all Maya Angelou's work. However, when she turned eight, she put aside childish things and spent a day or two reading Ulysses.

This week in cats 1) Andrew Lloyd Webber is reviving Cats again, this time with Rum Tum Tugger as a "rapping street cat." 2) Ke\$ha says "I've always wanted to have a cult; I think I could be a pretty good cult leader, basically. I'm sorry, I do. So I'm going to start a cult and people can be in it if they like to be cats or play with cats or play with cat toys." 3) Katy Perry's new perfume ad features her as an avenging warrior spritzing an evil emperor with her new fragrance, Killer Queen's Royal Revolution, until he turns into a kitten.

Zac Efron and Michelle Rodriguez are photographed making out and Joe Manganiello and Sofia Vergara are dating. Finally, finally something goes right for attractive people.



Sharon Stone

No butts about it, Sharon Stone is one feisty lady

Sharon Stone is a national treasure, if for no other reason than how she talks about her butt. The stunning 56-year-old recently told E! News that even though she's in great shape, going on vacation has her feeling nervous about her body. "I haven't worked out in a couple of months because I just didn't feel like it. But now I'm going on vacation

and I know what they're going to do. (The tabloids) are going to put a circle around my ass and do one of those crazy magnified pictures saying, 'What happened to her ass? It's a bag of cheese,'" she laments. "I would just like to say it's a fine triple crème brie! Right when they zoom in I should have a tattoo on my ass that says, 'You wish you could get a bite of this.'"

Twitter



@MarlonWayans

Truth be told I'd rather work than party.



@katyperry

I love pita chips!



@mindykaling

If my body looked that good I would not be that embarrassed of my sex tape

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Poor excuses for staying in debt

Bad with money?

There are no good reasons for not getting yourself out of debt



GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

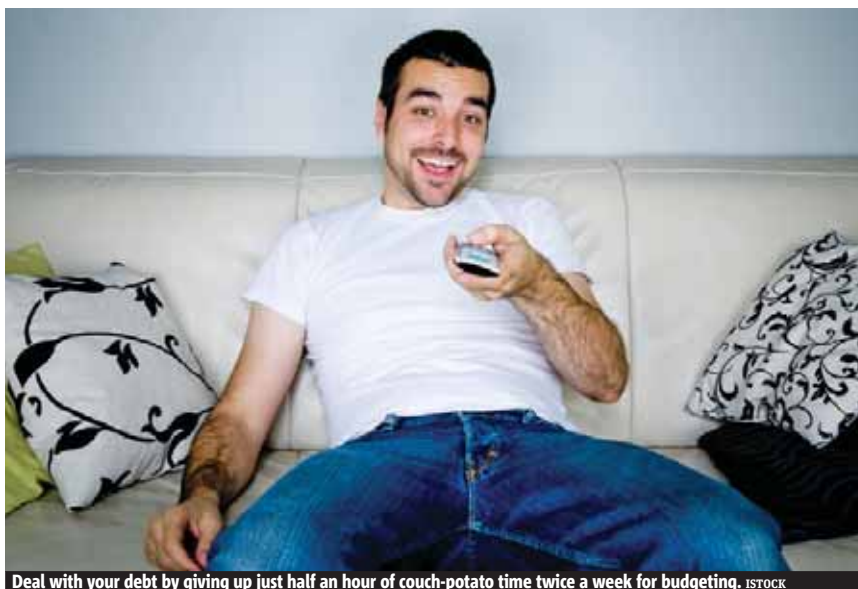
Every time I think I've heard it all, someone pops up with a new way to excuse the fact that their money management is in the crapper. Here are some of my faves:

We got a consolidation loan and paid off our credit cards, so we're doing better.

Really, you paid off your debt with other debt? That's not paid off, my little chickadee — that's delusional.

Consolidation makes sense when you reduce your interest costs and then work aggressively to repay the debt. But if you're sitting back smugly because you've reduced your payments so you have more money to spend on rubbish, I want to reach out and slap you.

Consolidating using a mortgage is one of the more time-honoured ways of making debt more expensive over the long term. Lots of people consolidate using the equity in their homes. Then they pretend that everything is OK, because now it's "mortgage debt" and that's good debt, isn't it? Hey, tell the truth. It's still consumer credit; it's just been shuffled to somewhere you don't have to look at it. And believe me, it's costing you.



Deal with your debt by giving up just half an hour of couch-potato time twice a week for budgeting. ISTOCK

I worked with one couple who re-mortgaged their home three times to cover their uncontrolled overspending. Over the life of their mortgage, they had increased their interest costs from about \$150,000 to almost \$600,000.

Sure it's a lot of debt, but hey, everybody's in debt, so what's the big deal?

And if everyone were running screaming off the side of a cliff, you'd do that, too, right?

There's no question that debt has become so commonplace that it seems like everyone's in it. And if you grew up in a family that had it all, including the debt, you may think this is "normal." I worked with one couple that was so comfortable with their debt that they had never made a mortgage payment

from cash flow. Every single mortgage payment had come from their line of credit.

If debt seems like a normal state of being for you, it means you have to change your thinking. Debt is not normal for someone who is financially healthy. You can make the choice to remain delusional, or you can choose financial stability. The old way may be more fun, at least in the short term, but the new way will keep you and your family safe and sound.

I don't have time to budget.

Really, your most important resource and you don't have the time to manage it? Could it be that your priorities are a little skewed?

On average we spend about three hours every day watching TV. So you only need to

reallocate a measly half-hour twice a week to money management to go from being a financial slug to smart about your money.

Close in hand with this goes, "You have to have money to make a budget work." One young lady wrote me to say that her parents had recommended she use a budget and her response was, "You have to have money to make a budget work, right Gail?" Believe it or not, she was asking me to tell her a budget was pointless. Really?

Sadly, people don't think that all that dough they bring in that goes to paying the rent or buying food is "money." For them, only the stuff they can spend indulging their whims is "money." And so they don't make a budget and look for ways to trim. Or perhaps it is

because if they made a budget, they would discover just how much money they were blowing every month on stuff, and would have to change their behaviour. Lord forbid!

My partner is the problem.

I've met couples where one person is the major culprit in acquiring debt. The other person stands meekly by as Mr. or Mrs. I-have-to-have-everything charges them into a debt whole. They shrug and claim to have no ability to change their partner's behaviour. Here's my big question: Is this the way you're going to live the rest of your life, walking a tightrope, waiting for the axe to fall? And if you have children, do you think this is creating any sense of security for them?

For as many couples that I've met where one partner claims the other is the problem, I've met couples where they are both, in their own inimitable way, doing dumb things. One husband claimed his wife was the problem because she went shopping every day at work during lunch, bringing home items that she'd hide from him. He saw nothing wrong with dropping \$10K on a new motorbike. That's a lot of skirts, dude!

If you're still making excuses about why you're in debt, maybe it's because you're not yet committed to getting out of debt. Some people aren't. They haven't heard the whistle blow that tells them the train is headed straight for 'em.

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Here's to not drinking to your health



Giving up even casual drinking could literally do your heart good. ISTOCK

A glass or two of booze is good for your heart, according to long-standing medical advice drinkers are fond of citing.

But, according to a study published last week, this cherished invitation to say "cheers" is well off the mark.

Reducing even light consumption of alcohol will not only improve your chances against coronary heart disease, but also help you lose weight and ease high blood pressure, it said.

Writing in the British Medical Journal, researchers carried out a survey of 50 published studies into the drinking habits and health of more than 260,000 people of European

New study

"Even if you're a light drinker, reducing your alcohol consumption could be beneficial for your heart."

Juan Casas, the professor who led the study

descent.

They looked especially at those with a key variant of a gene called ADH1B. Previous research has found that a single change in the DNA code in this gene makes people less sensitive to drink, and thus less at risk from alcoholism.

The study discovered that individuals with the variant drank 17 per cent fewer units of alcohol per week and were

78 per cent less likely to binge-drink than those without it.

They also had a 10 per cent lower risk of coronary heart disease and enjoyed lower systolic blood pressure and body mass index (BMI).

Independent commentators said the study is interesting, not least because it challenges what is now almost dogma. But, they cautioned, the debate is far from over. AFP

'Round the world wisdom

Facing adversity? Why we quit



LESSONS FROM
THE DESERT
Stéfán Danis
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The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson learned from my experience running deserts.

Every day, someone we know quits their job, quits on their health, quits a marriage, or quits on themselves. It is an epidemic. In my experience of multi-day desert running events, while 20 to 40 per cent of athletes do not finish, once athletes pass their "hump days"

they almost never quit. But when is hump day? In many ways, be it in a race or in life, when hump day occurs is arbitrary; we decide when it is. However, the quitting pattern is obvious.

Our "quitting quotient" — the likelihood we will give up on or abandon a project — is determined mainly by our mental relationship with what lies ahead. If the task feels insurmountable, our level of fighting spirit and motivation sinks. "I can't do another day — the worst has yet to come" are words I heard many times in the desert. Yet, at the same time, I heard just the opposite from other runners in the same situation: "I've passed hump day — the worst is behind me." The motivation levels of this second group of runners soared. Statistically, in a five-day desert race, where athletes run a marathon on each of the first four days and a double marathon on the fifth, most of the quitting occurs after days one and two, rarely after day three, and never after day four — although the next



Sometimes you hit your "quitting quotient" earlier than expected. ISTOCK

day is the most physically punishing. By then, quitting is no longer an option as we see "light at the end of the tunnel."

Of course, life hands us many things that we are better off quitting if we perceive better and healthier opportunities elsewhere.

What the lesson is for all of us, however, when grinding through a rough patch in life or in the desert, is to adopt an "I will do this" mindset

as opposed to hoping to get passed the elusive hump day. STÉFÁN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER.

A job hunting guide for new graduates

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Now that graduation has come and gone, it's time for the Class of 2014 to jump-start the job search. It can be hard for new grads to figure out how best to sell themselves when their work experiences consist of part-time positions and internships.

Caroline Ghosn is here to help. As the founder and CEO of Levo, an organization that mentors young women entering the workforce, she's often asked for tips and advice. Here are her suggestions for recent grads.

Show your resumé over and over again

"The biggest mistake new grads make is that they don't get a second set of eyes to look at their resumé," says Ghosn. She suggests finding three or four trusted friends or colleagues to review your resumé and make suggestions.

"That sounds like a lot," Ghosn admits, "but your resumé is only going to change for the better. You look at your



You've graduated! Now grab those resúmes and get out there. ISTOCK

resumé over and over, and you start to miss things. The third or fourth editor will really help you tighten it up."

Tell a story

Don't worry if you think your resumé is a little light on experience. "It's all about how to tell the story and making the story about your transferable skills," says Ghosn. "You have to figure out how you can connect the dots. Let's say you were the social chair of a student organization or a fraternity or sorority. Your skills would be managing timelines, budgets and logistics." And don't discount retail or food

services positions. "I've never learned more about stakeholder management than when I was a waitress," Ghosn notes. "You learn how to approach people who want you to fix their problems immediately."

Be passionate

Don't worry if you appear a bit nervous at your first few interviews. "What interviewers are looking for is not someone that is stoic and cool as a cucumber," says Ghosn. "Interviewers are looking for passion, not perfection."

An interview wardrobe must-have

Ghosn says every new grad should have a good blazer in the closet to complete an appropriate business look. "It makes a casual outfit instantly more professional," she says.

Don't be intimidated

"You have everything you need as a young grad to succeed. You are coming into this new world as a digital native and possess skills that other people are learning now," Ghosn says. "Focus on the things you have to offer."

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Salad Spotlight.

Who wants to eat a heavy meal during the summer? This week, Metro lightens it up with great options like this Thai Beef Salad



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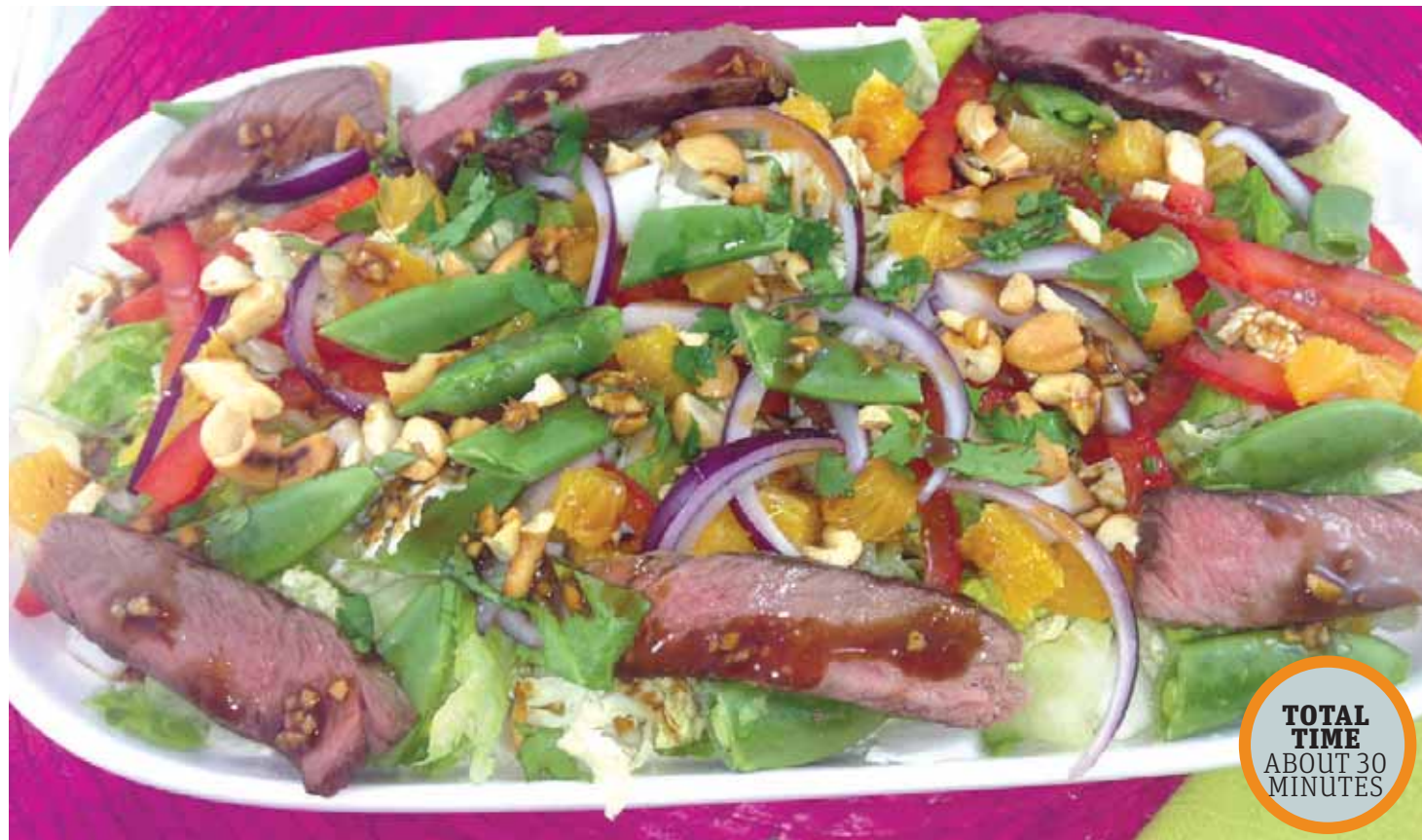
Here's a great way to have your steak and eat it, too!

Ingredients

- 4 oz New York strip steak
- 3 cups chopped napa cabbage
- 3 cups chopped romaine lettuce
- 1 cup sliced red bell peppers
- 1 cup sugar snap peas, cut in half
- 3/4 cup diced orange segments
- 1/3 cup sliced red onion
- 3 tbsp chopped cilantro
- 3 tbsp chopped toasted cashews

Dressing

- 2 tbsp hoisin sauce
- 1 tbsp fresh lemon juice
- 2 tbsp low-sodium soy sauce
- 1 1/2 tsp minced garlic
- 1 tsp chopped ginger
- 1 1/2 tsp honey
- 1/2 tsp hot sauce



This recipe serves four. ROSE REISMAN

**TOTAL
TIME
ABOUT 30
MINUTES**

Lean meat is an excellent source of protein and is low in fat and saturated fat. The key to eating red meat is to enjoy it as a side to a meal rather than the main course.

The leanest meats include top sirloin, flank, New York sirloin and beef tenderloin.

You want to minimize the fatty steaks including rib-eye, porterhouse and skirt steak.

This Asian-flavored salad combines Napa cabbage and romaine, along with sweet orange segments, sugar snap peas and toasted cashews.

The tasty light dressing has a base of a ginger-hoisin sauce that complements the salad beautifully.

If your guests love steak, you can easily double the portion since two ounces is ac-

ceptable in terms of calories and fat. Feel free to substitute grilled chicken breast, pork, shrimps or tofu for the beef.

Directions

1. Grill the steak just until cooked to your preference. Cool for 10 minutes, then slice thinly.

2. On a large serving platter,

add the cabbage, lettuce, bell peppers, peas, orange segments, onion, cilantro, cashews and steak slices.

3. To make the dressing: Combine the hoisin, lemon juice, soy sauce, garlic, ginger, honey and hot sauce and pour over top.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

Nutritional information

Per serving: 210 calories; 27.1 carbohydrates; 6.5 fibre; 11.6 g protein; 6.6 g total fat; 2.2 g saturated fat; 21 mg cholesterol; 433 mg sodium

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- 4 Disclosure ft Sam Smith Latch
- 3 Sam Smith Stay With Me
- 2 Jason Derulo ft Snoop Wiggle
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Germany's Goetze provides golden touch

World Cup final.

Late-game substitute creates extra-time magic as Germany foils Argentina once again

With two quick and sublimely deft touches, Mario Goetze ended Germany's 24-year wait for another World Cup title.

Goetze scored the winning goal in extra time to give Germany a 1-0 victory over Argentina on Sunday in a tight and tense World Cup final that came down to a few moments of individual skill.

Goetze, who wasn't born when West Germany beat Argentina in the 1990 final, controlled a cross with his chest in the 113th minute and in one fluid motion volleyed the ball past goalkeeper Sergio Romero and inside the far post from five yards out.

It was a goal that gave Germany its fourth World Cup title in its eighth final, and left Argentina star Lionel Messi still walking in the shadow of compatriot Diego Maradona, who led his country to the 1986 title.

Goetze went on as a substitute for Miroslav Klose toward the end of regulation time and the 22-year-old midfielder's fresh legs made the difference.

Andre Schuerrle broke down the left flank, sending his cross into the area, and the Bayern Munich player did the rest with a clinical finish.

"It's incredible. The team did it beautifully," said Manuel Neuer, who was voted the tournament's best goalkeeper. "At some point we'll stop celebrating, but we'll still wake up with a smile."

For Germany, the win ends a string of near misses since winning its last major title at the 1996 European Championship. The team lost the 2002 World Cup final to Brazil and lost in the semifinals in both 2006 and 2010.

Argentina had not been back in the final since that 1990 loss, and has now been beaten by Germany in the last three World Cups.

"This was our chance, and we felt that way. We couldn't do it. We have to lift our head



Germany's Mario Goetze scores the World Cup-winning goal on Argentina's Sergio Romero as defender Martin Demichelis watches on Sunday in Rio de Janeiro.

NATACHA PISARENKO/THE ASSOCIATED PRESS

World Cup final

1

Germany

0

Argentina

AUGMENTED REALITY

→ Scan the image with your MetroNews app for more images from the World Cup's grand finale in Rio de Janeiro.

→ See the full instructions on Metro's Voices page.



Near miss for Messi

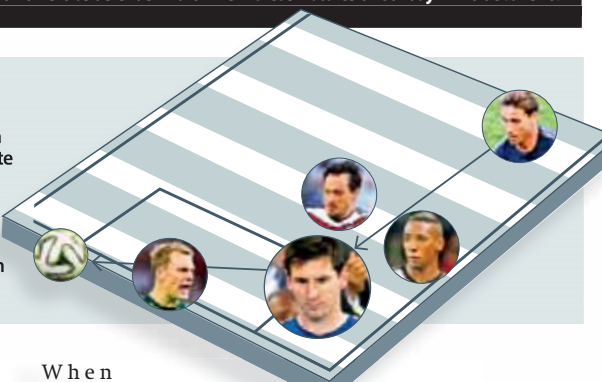
Argentina's Lionel Messi missed a glorious chance in the 47th minute after sneaking behind Jerome Boateng and Mats Hummels on a perfect ball from teammate Lucas Biglia. The superstar's shot sailed just wide past German 'keeper Manuel Neuer.

It was the third World Cup final between these countries and had been billed as a matchup between the perfect team and the perfect individual, pitting Germany's machine-like unit against the brilliance of Messi.

But in the biggest game of his career, Messi came up short.

Messi threatened intermittently throughout the match, but was neutralized for long stretches.

His free kick in the 120th minute went well high.



When the final whistle blew, Germany players jumped on top of each other in a pile, while Messi, who scored four goals in the group stage but none in the knockout rounds, walked

alone with his hands on his hips toward the centre circle.

THE ASSOCIATED PRESS

Coming up Lahm

"It's incredible how hard we worked and what a performance we produced. It's an incredible feeling."

Germany captain Philipp Lahm



4 SPORTS

Rays' Price makes Jays pay for poor play in Tampa Bay

MLB. Shorthanded Toronto musters only five hits in last game before all-star break

The Toronto Blue Jays have had enough of patched-up lineups, enough of David Price, and enough of baseball for a while.

Price scattered five hits in eight-plus innings to help the Tampa Bay Rays hand the Blue Jays their eighth loss in 10 games, 3-0 Sunday in the teams' final game before the all-star break.

"It's an opportune time for us to push the 'rest' button, for sure," Toronto starter R.A. Dickey said. "Everybody's inching back toward being healthy. This gives us four days."

Price (9-7), who won his fourth consecutive start, was pulled after giving up a leadoff single in the ninth to Melky Cabrera. Cabrera moved up on a wild pitch by reliever Jake McGee to become the first Toronto runner in scoring position after the first inning.



Tampa Bay Rays starting pitcher David Price throws on Sunday.
MIKE CARLSON/THE ASSOCIATED PRESS

"Everybody in baseball needs a break," Blue Jays manager John Gibbons said. "Everybody's been battling it out, everybody's worn-out tired, and we definitely need one."

The Rays, who have won 11 of 15, got RBI singles from Logan Forsythe and Jose Molina. McGee got three outs for his seventh save.

Dickey (7-9) gave up two

On Sunday

3

Rays

0

Jays

runs and five hits over six innings. Toronto has not won a road series against Tampa Bay since April 2007, a span of 22 sets.

"Please don't ask a question about the streak in Tampa," Gibbons pleaded.

Despite their recent struggles, the Blue Jays' 49 wins at the all-star break are their most since 2006. A win Sunday would have given them 50 victories before the break for the first time since 1992, but they are a team in need of a break.

"Everybody wants to pick up the slack, especially when you lose (Brett) Lawrie, (Adam) Lind and (Edwin) Encarnacion, all big cogs in the engine of our offence," Dickey said.

THE ASSOCIATED PRESS



Tony & Tony take over Tour

Tony Martin rides during the ninth stage of the Tour de France, Sunday. Germany's Martin took the stage win, and France's Tony Gallopin took the yellow jersey during an up-and-down race in the eastern Vosges mountains. LAURENT CIPRIANI/THE ASSOCIATED PRESS

Scottish Open

Rose earns second straight tour win

Justin Rose won the Scottish Open by two shots after a final round 6-under 65 on Sunday, sealing back-to-back

victories either side of the Atlantic and bolstering his confidence ahead of next week's British Open.

The 2013 U.S. Open champion turned the last day into a procession, rolling in six birdies and going bogey-free.

THE ASSOCIATED PRESS

Pro Stock Tour

N.S. racer comes from behind to win at Speedway 660

Enfield, N.S., native Shawn Turple won his second race of the Parts for Trucks Pro Stock Tour season Saturday.

The two-time series champion snagged the lead from Shawn Tucker of Fredericton on lap 72 at Speedway 660 in Geary, N.B., a news release said.

Tucker had jumped a restart and was relegated to the back of the field, though he managed to make his way back to third place, behind John Flemming of Halifax.

Flemming was also forced to the back after suffering a flat tire that took him to the pit.

Dylan Blenkhorn of Truro took fourth place, while Jonathan Hicken of Brudenell, P.E.I., claimed fifth place at the finish.

After five events, Flemming maintains the overall point lead by five points over Tucker.

The Parts for Trucks Pro Stock Tour hits the race track again July 19 at Riverside International Speedway in Antigonish. Check out maritimemotorsport.com for details.

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For those without a Metro, the forecast calls for "I dunno" with a slight chance of "Huhhh?"

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Resist the urge to make value judgments about others. We all have different fates and you cannot know what is right for someone else. The only behaviour you should be concerned with is your own.

♉ Taurus

April 21 - May 21

Act quickly if someone offers something you desire. It's OK to be cautious, but if you wait too long the opportunity could be offered to someone else.

♊ Gemini

May 22 - June 21

If you need to do something that is going to take a lot of physical energy, now is the time. Also, don't wait to be offered something you are in a position to take for yourself.

♋ Cancer

June 22 - July 23

You know that everything will turn out for the best but it may be hard to convince the logical side of your mind. The way to overcome fear is through faith.

♌ Leo

July 24 - Aug. 23

The more others say you should be disciplined, the more you will go out of your way to rebel. There is no logical reason you should follow the rules just because others say you must.

♍ Virgo

Aug. 24 - Sept. 23

You may be apprehensive about the changes now taking place but if you go with the flow, nothing bad will happen.

♎ Libra

Sept. 24 - Oct. 23

You will be assertive and adventurous over the next 24 hours and that's good. Employers and other important people will be impressed by your can-do attitude.

♏ Scorpio

Oct. 24 - Nov. 22

Your imaginative powers will be strong today but that will only be good if you have a positive attitude. If you allow the unknown to scare you, over the next 24 hours you will be sent scurrying for cover.

♐ Sagittarius

Nov. 23 - Dec. 21

The planets encourage you to be inventive and if you are able to respond you will create something that will be praised.

♑ Capricorn

Dec. 22 - Jan. 20

Look for ways to turn new developments to your advantage. If you can do that, this should be an amazingly productive time for you.

♒ Aquarius

Jan. 21 - Feb. 19

You don't usually let your passions get the better of you but they will today. You won't care what others think about what you do or say. That is, you won't care today. Tomorrow you may be embarrassed!

♓ Pisces

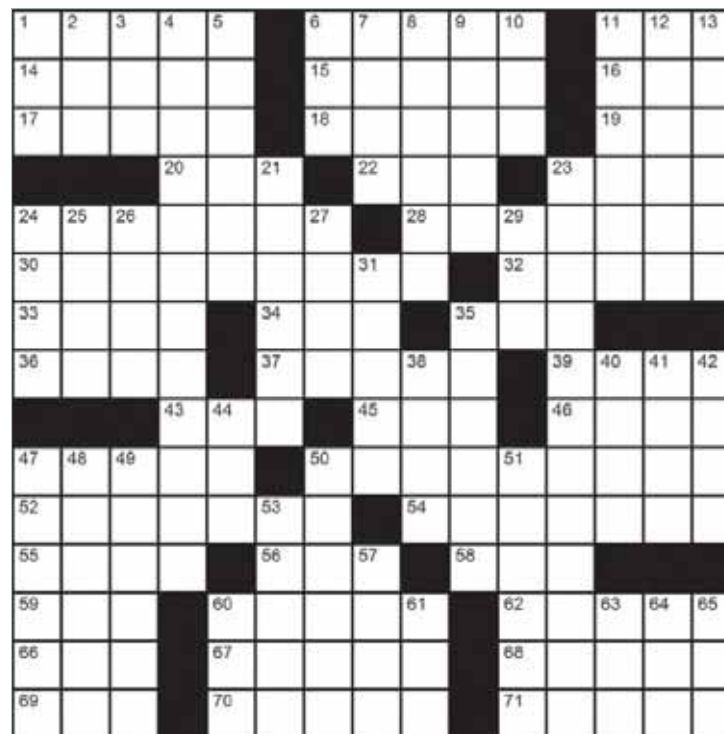
Feb. 20 - March 20

If you respect others they will respect you. If you say or do things that others find offensive you can expect backlash.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Heroic poems
6. "It just doesn't ___" (Detective's observation)
11. Blue Bombers, on scoreboards
14. Circus card
15. Canada's Environment Minister, Ms. Aglukkaq
16. ISP, e.g.
17. Dare Maple Leaf ___ Cookies
18. Boris __, Montreal-born conductor
19. Wheat: French
20. Chosen __
22. Nero's 1501
23. British band, ___ Shaker
24. ___ paint
28. Canadian jazz group, ___ Au Quartet
30. Ontario... Starring role in current Shaw Festival play The Philadelphia Story: 2 wds.
32. ___ Own Write (John Lennon book)
33. Mr. Young
34. "Sprechen ___ Deutsch?"
35. Li'l diagram
36. "Wine"-meaning prefix
37. Basketball great Shaquille
39. Chunk
43. Container
45. Litigate
46. Actress Diane
47. Heinz Canada



- brand, ___-Getti
50. Egg-free mayo brand
52. Quandary
54. On-the-wall lights
55. Podium
56. Eyeball
58. Said a li'l 'hello' like Rocky
59. '___' for London

60. Perform off-the-cuff
62. Jennifer or Meg
66. Tee-predecessor
67. Labatt-like
68. Playing cards guy
69. Date
70. ___ River, Nunavut
71. Writer Ms. Christie, to pals

Down

1. And so on [abbr.]
2. Golf standard
3. U2's home, for short
4. What people often change into after work: 2 wds.
5. ___-eyed gaze
6. Religious robe
7. Skin-care products suffix
8. Thingamabob
9. Johnny Mathis hit bit: "...the twelfth of never..."
10. Ms. Benatar
11. Labrador City's twin town
12. Hoi __ (Common

- people)
13. Gradually gathers
21. Volleyball Tom Hanks befriends in "Cast Away" (2000)
23. ___ Historical Settlement (Where the 1800s are recreated in New Brunswick)
24. ___ time (Never): 2 wds.
25. First Nation of Manitoba
26. Umbrella reason
27. Quarter, for one
29. Gladiator's 52
31. Della of "Touched by an Angel"
35. Fabric softener brand
38. Jul.'s followers
40. Secular
41. L'___ aux Meadows
42. Wax workers?
44. Beatles: "___ the Walrus"
47. Muddles
48. Arbitrate
49. Crinkly fabric
50. Group of Seven member, Frederick __ (b.1881 - d.1969)
51. ___ Sound, BC
53. Example
57. Chirping creature
60. "When Smokey Sings" band
61. TTFN
63. Jet __ (Traveller's woe)
64. Gladiator's 56
65. "___-haw!"

Friday's Crossword



Online

See today's answers at metronews.ca/answers

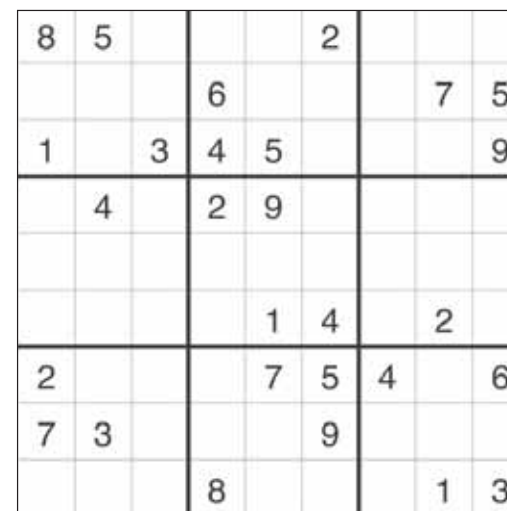


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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